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ABSTRACT

This workbook aims to help students make the right choice when selecting a college, by applying a straightforward step-by-step decision-making process. The book uses a variety of questions, self-study inventories, and exercises to assist in: (1) choosing those colleges to which the student will send applications, and (2) deciding where to enroll. Chapter titles are as follows: "College Choice...Tough Choice...Your Choice," "What Decision Making Is All About," "Accepting the Challenge--Taking Charge," "Building a Solid Foundation for Your Choice," "Looking Around: Getting Beyond the Obvious," "Looking Around: Getting Creative," "Using Information as Power," "Looking Ahead: Narrowing the Field," "Selecting What's Best for You," "Applying for Admission and Financial Aid," "They Decide, You Decide," "When Things Don't Work Out," and "Stepping into Your Future--The Opportunity." Ten steps in the decision-making process are outlined, from discovering what is important and why, through identifying known alternatives and describing needed information, to contingency planning. Twenty-eight exercises interspersed throughout the book encourage self-awareness and self-confidence. Examples of exercises include evaluating one's best and worst decisions, describing one's ideal college, and estimating college budgets. Includes 10 references. (JDD)

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